

A 501(C)(3) TAX EXEMPT CHARITY

HOUSE OF HOPE

Christ-Centered Recovery

"Happy is he who has the God of Jacob for his help, Whose hope is in the LORD his God,..."

Psalm 146.5

SUMMER 2021



FROM ROSIE'S HEART

Founder and Director

Greetings to everyone,

Somehow, we managed to put 2020 behind us. It was not easy for anyone, but was especially hard for non-profit organizations like House of Hope and for the clients we serve. During the lockdown, people struggling with an addiction were not able to have face-to-face therapy, many lost their jobs, food was scarce, and many contracted COVID-19. The homeless population swelled and, if the CDC's moratorium on evictions ends, the homeless population is expected to explode.

Now for the good news: God is still in control and is still sustaining our work at House of Hope. In this newsletter, we will tell you about how God is using us to help the least and the lost and how you can help, too.

Thank you all for your continued donations, prayers and support of our work at House of Hope. With God's help, we will continue providing comfort to the least and the lost even when it's not easy to do so.

When I think of how Rosie persevered through 2020 and through other tough times since she started House of Hope in 2005, I think of this scripture from Hebrews:

"So, take a new grip with your tired hands and stand firm on your shaky legs. Mark out a straight path for your feet. Then those who follow you, though they are weak and lame, will not stumble and fall but will become strong."



Debbie Barta
HOH Supporter

THE LAST, LEAST & LOST

THE LAST: *So the last will be first, and the first will be last.*

Matthew 20:16 NIV

THE LEAST: *"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'*

Matthew 25:40 NIV

THE LOST: *For the Son of Man came to seek and to save the lost.*

Matthew 18:11 NIV

RAISING HOPE

\$15,000 Matching Grant Challenge for House of Hope – Now thru December 31

One of our donors wants to match up to \$15,000 in donations!! Thanks to North Avenue Presbyterian Church, who recently donated \$5,000, we are \$10,000 from reaching our goal. So, donations from you of \$10,000 will bring a total of \$30,000 to HOH. This is huge for House of Hope. Please give serious consideration to helping us reach this goal. You can send a check payable to *House of Hope Christ-Centered Recovery* at 1291 Cornwall Road, Decatur, GA 30032 or donate online via [PayPal](#). 100% of your donations go directly to helping the least and the lost.

HOPE AND SOAP

Since we can house fewer people due to COVID-19, we have come up with a way to help people we are unable to house. We've named our new ministry *Hope and Soap*.

Hope and Soap stems from our founder and director, Rosie Hightower, meeting an increasing number of homeless people in the course of her day.

Recognizing the grimy nature of homelessness and the effect being filthy can have on one's self-esteem and drive toward self-improvement, *Hope and Soap* provides funds for a one-day stay at a hotel near HOH in which a homeless person can take a shower, be provided with a set of clean clothes, get a haircut, get help in obtaining identification and enjoy one good night's sleep in a safe place. The average cost per person is \$336. Would you be interested sponsoring hope for people who have none? Please contact Rosie for more information. 678-789-2503
rosiehightower@comcast.com.

MENTAL HEALTH TREATMENT

When you read below the experience of one of our newest clients, you will appreciate the importance of consistent mental health treatment to addicted people. Funds you donate to the House of Hope help us obtain quality treatment and medications. Are you a mental health professional? Would you be willing to donate some of your time to help our clients? If so, please contact Rosie at 678-789-2503 | rosiehightower@comcast.com to find out how we can plug you in.

OUR NEWEST CLIENT'S STORY

Anonymous

I came to the House of Hope on May 3, 2021. I realized that I had no recovery tools to keep me free from my drug of choice. I also deal with mental issues. I was completely unattached to what recovery was.

I had lived in a recovery home for five years before I came to House of Hope without any tools for recovery. I basically was what they called a dry drunk; I was abstinent without recovery. I relapsed In October 2020. I was able to return to the recovery home that I had been a part of for five years.

This time something was different. I realized that me and the others in the home did whatever we wanted to do without any consequences. As long as we paid the fees, the lady that ran the home was okay with whatever we did. However, I was getting tired of the drinking and drugging around me and knew I needed a better environment.

I talked to a friend of mine and he said maybe you want to try Rosie at the House of Hope. I procrastinated on making the call. With much coercing from my friend, I made the call to Ms. Rosie and went on an interview. After the interview, my eyes were open. I knew I needed to leave my present recovery home, but I was afraid of living with rules after having no rules.

When I moved in on May 3, 2021, I was handed a contract outlining what was required of me to be a client at the House of Hope. Most of the things on the contract I should have already been doing - like get a sponsor, get a therapist, attend church, read the Bible,

keep my room clean, attend meetings, and read recovery-based literature every day. I had not done any of those things in the recovery home I had lived in for 5 years. The only thing I had done was go to church.

The first week Ms. Rosie realized that my mental health medicine was not working because I walked and ate all night. As a result, I was always groggy and unfocused the next day. Ms. Rosie was familiar with my medication and thought it was no longer working for me. So, I made an appointment to see my mental health doctor to discuss what was going on (not sleeping at night and eating). I signed a release of information for Ms. Rosie and she also talked with my doctor. Soon my medication was changed and it has made a world of difference.

I have stopped eating all night and I am now able to sleep. I thank God that Ms. Rosie noticed something unusual about the way I was functioning at night. I didn't realize my behavior was odd because at the other home, I was allowed to have food in my room. I would get up at night and just eat and sleep. This pattern was repeated all night long. However, at the House of Hope food is not allowed in the rooms.

So, I started to follow the rules that were outlined in my contract as well as the other rules of the house. I am now using the tools of recovery and I am slowly becoming a changed person who will someday be able to live on my own. Maybe I'll even own my own home

one day. Ms. Rosie continues to teach me how to clean up because I never cleaned. My room at the other home was a mess. I'm learning to organize my clothes and keep my room clean according to House of Hope standards along with other chores. I don't want to be kicked out for not following the rules. I have a therapist, a sponsor who is teaching me the Twelve Steps, and I attend meetings online and in-house. I haven't been here long, but I am happy with my new found home for now and I thank God every day for leading me to the House of Hope and Ms. Rosie. I know now that I have to be accountable if I want to succeed in life.

INSTALLATION OF FLOORING

The carpet at House of Hope has taken a beating; there's just no other way to describe it. We really need to pull up the carpet in two rooms and install new flooring. We think laminated flooring would hold up better than real hardwoods but we aren't picky. We'll use whatever materials are the least expensive but durable. Would you like to sponsor this project or do you have experience with installing flooring? Please call Rosie and get the ball rolling.

New Children's Book Voices the Adventures of Foster Dogs

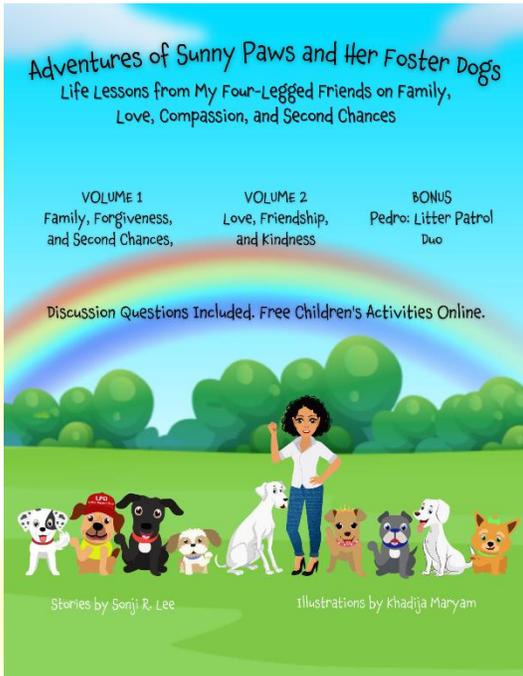
Adventures of Sunny Paws and Her Foster Dogs was penned to help children (and adults) learn life lessons from our four-legged friends

Sonji Lee, supporter of House of Hope since its founding in 2005, recently released her first children's book series: *Adventures of Sunny Paws and Her Foster Dogs*.

The series is a collection of short stories inspired by her experience in caring for pups as a foster mom with [Ahimsa House](#). Ahimsa House helps victims of domestic violence *and their pets* fleeing an abusive relationship to reach safety **together**.

"I hope these short stories will spark healthy conversations with our children about forgiveness, empathy, trust, family, and love," Lee stated. The stories are told from the dogs' perspectives and offer us life lessons in the *importance of family/being connected, the power of love, the grace in compassion, and the healing in second chances*.

To order your books today, visit www.sunnypawsadventures.com. A large portion of proceeds are donated to Ahimsa House.



Web: www.sunnypawsadventures.com | Email: sunnypawsadventures@gmail.com



Need Help or Know Someone Who Does? Contact Rosie at 678-789-2503

HOUSE OF HOPE CONTRIBUTION/PLEDGE

House of Hope Christ-Centered Recovery, Inc. is a safe, non-traditional recovery home for women and women with children who are struggling with addictions, co-dependency, homelessness, depression and abuse, and are preparing to become productive citizens again. Our hands-on approach is designed to address the spiritual, financial, emotional, and relational needs of our women. All our women are engaged in life-changing classes such as overcoming addiction, relapse prevention, financial stewardship and, where applicable, parenting classes. Everyone attends Wednesday night Bible study, Tuesday night Celebrate Recovery (a Christ-centered 12 step program) at Peace Baptist Church (Tyronne E. Barnette, Senior Pastor) and Sunday service of their choice.

Please cut out this contribution/pledge card and complete. Make check or money order payable to House of Hope Christ-Centered Recovery, Inc. and mail your tax-deductible contribution to:

House of Hope Christ-Centered Recovery, Inc.
c/o Rosie M. Hightower
1291 Cornwall Road
Decatur, GA 30032

Secure on-line tax-deductible contributions may also be made at www.houseofhoperecovery.org

Name

Mailing Address

City, State, Zip Code

Phone Number

Alternate Phone Number

E-mail Address

In Memory Of

In Honor Of

\$

Monthly Contribution / For how many months?

\$

One-Time Contribution